

Prescribing tip for information only

**Treating your Infection: Leaflets to share with patients**



The TARGET (Treat Antibiotics Responsibly, Guidance, Education, Tools) Antibiotics Toolkit is a resource designed to aid prescribers improve antibiotic prescribing in primary care and has been developed by Public Health England, the Royal College of General Practitioners and the Antimicrobial Stewardship in Primary Care Group.

Amongst the resources within this toolkit are 'Treating your Infection' patient information leaflets which have been developed by TARGET. They are designed to be shared with patients during consultations to inform them about how to manage infections without the use of antibiotics. The leaflets, which are endorsed by NICE, include information on illness duration, prevention and self-care advice and advice on when to re-consult.

Current leaflets available in the 'Treating your Infection' range are:

- **The Treating Your Infection – Urinary Tract Infection leaflet (TYI-UTI)**
- **The Treating Your Infection – Respiratory Tract Infection leaflet (TYI-RTI)**

They can be found on the [TARGET website](#) under the heading '**Leaflets to share with patients**'.

- **TYI-UTI patient information leaflet** - has been designed to be used with women under 65 years who are experiencing urinary symptoms suggesting non-complicated UTIs.
- **Older adult UTI patient information leaflet** - has been designed to be used with older adults who are at risk of UTI, experiencing urinary symptoms or have been diagnosed with UTI.
- **TYI-RTI patient information leaflet** - has been designed to be used with patients who are experiencing self-limiting RTIs.

The leaflets include a '**most get better**' section which allows patients to understand when they should consult and can be used when giving **safety-netting advice** as they include a '**when you should get help**' section. These leaflets are also available in different languages.

Additional patient leaflets developed by organisations other than TARGET can also be found in the '**Leaflets to share with patients**' section and include: '**caring for children with coughs**', '**get well soon without antibiotics**' and '**when should I worry?**'

**To contact the Medicines Optimisation Team please phone 01772 214302**